

BUMP, SET & LEARN VOLLEYBALL



Introduce young athletes to the fundamentals of volleyball in a supportive high energy environment. Through engaging drills and instruction, participants will improve their skills in serving, setting, blocking, court movement and more.

Ages 9-12 > 4-5 P.M.

Learn and strengthen the basics of volleyball in a supportive, high-energy environment. Perfect for players newer to the game or looking to refine their skills.

Ages 13-15 > 5-6 P.M.

Take your game to the next level, our clinic provides the perfect mix of fun, fitness, and skill development.



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THURSDAYS

12/4-1/22; 1/29-3/05

For more information, contact sgreen@ymca.org.



RED BANK FAMILY YMCA
YMCA OF THE JERSEY SHORE

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Here for all.
Financial assistance is offered based on availability of funds.